

Middle School Years



EVERY
Accomplishment
STARTS
with the
DECISION
to
TRY

The future
belongs to those
who believe in
the beauty of
their dreams.

ELEANOR ROOSEVELT





Principal

Ms. Richa Sharma Agnihotri

principal@sanskritischool.edu.in



Vice-Principal
Ms. Poorni Rajesh
poornirajesh@sanskritischool.edu.in



Middle School In Charge

Ms. Abha Malik

abhamalik@sanskritischool.edu.in

Dream Team: Middle School



Ms. Nayandeep Kaur
Counsellor

nayandeepkaur@sanskritischool.edu.in

Ms. Kavita Verma
Academic
Coordinator

academics@sanskritischool.edu.in

Special educators:

Ms. Rashmi Dhawan

Ms. Prachi Chawla

Ms. Akshita Arora

Ms. Ishita Nagpal

Ms. Shashi Singh

Ms. Charlotte Thomas

Need to talk to us?

We're listening...

SPECIAL



EDUCATORS

Ms. Rashmi Dhawan	rashmidhawan@sanskritischool.edu.in
Ms Akshita Arora	akshitaarora@sanskritischool.edu.in
Ms Shashi Singh	shashisingh@sanskritischool.edu.in
Ms Shikha Chopra	shikhachopra@sanskritischool.edu.in
Ms Prachi Sharma	prachisharm@sanskritischool.edu.in
Ms Charlotte Thomas	charlottethomas@sanskritischool.edu.in

Dream Team: Middle School

Grade Representatives



Ms. Renuka Talwar
Grade 6 Rep

renukatalwar@sanskritischool.edu.in

Ms. Anjali Tulsiani
Grade 7 Rep

anjalitulsiani@sanskritischool.edu.in

Ms. Swati Shukla
Grade 8 Rep

swatishukla@sanskritischool.edu.in

Dream Team: Middle School

Grade 6 Class Teachers



VI A	Ms. Mansi Arora	mansiarora@sanskritischool.edu.in
VI B	Ms. Vandana Kumar	vandanakumar@sanskritischool.edu.in
VI C	Ms. Garima Chamoli	garimachamoli@sanskritischool.edu.in
VI D	Ms. Sonali Sharma	sonalisharma@sanskritischool.edu.in
VI E	Ms. Rashi Pangasa	rashipangasa@sanskritischool.edu.in
VI F	Ms. Puja Sharma	pujasharma@sanskritischool.edu.in
VI G	Ms. Chhavi Narang	chhavinarang@sanskritischool.edu.in
Grade Rep	Ms. Renuka Talwar	renukatalwar@sanskritischool.edu.in

SCHOOL POLICY



- **PROPER UNIFORM.**
- **DISCIPLINE.**
- **PUNCTUALITY.**
- **FOLLOW UP WITH THE SCHOOL ON A REGULAR BASIS ON ANY ISSUES OF CONCERN.**
- **ABSENT, PERMITTED LEAVE AND MEDICAL LEAVE POLICY.**
- **ALL SCHOOL RULES IN THE ALMANAC REQUEST YOU TO BE ACQUAINTED WITH THEM.**
- **BUS AND CODE OF CONDUCT.**
- **NO MOBILE PHONES AND SMART WATCHES TO BE CARRIED TO SCHOOL.**

SCHOOL POLICY



- ID cards are mandatory for the students. Please update us immediately if any change happens in the information. Loss brings on a penalty. Please ensure all **CORRECT DETAILS ARE** uploaded on the school portal.
- Language change /section changes will not be entertained.

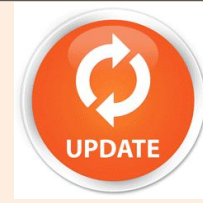


Expectations - Building a set routine

- **Moving from Pandemic to Normal**
- **Punctuality and Discipline- No late arrivals**
- **Follow Dress code-Uniform**
- **Use of washrooms**
- **Show respect for school property and others**
- **No tolerance to Harassment & Bullying**



Keep yourself updated



- A daily look into the website and Google Classroom.
- Kindly look at your ward's almanac, time table and school bag on a daily basis.
- Any note written by a teacher in the almanac needs to be acknowledged.
- In case you do not have login for the school parent portal, please contact Ms Renu in the admin. (renubudhiania@sanskritischool.edu.in)
- Avoid communication via whatsapp communication instead drop a mail to the class teacher/rep/middle school incharge in case of any urgency.
(Kindly give us two days time to respond back)
- You can also write a note in the Almanac for the class teacher.

Attendance- on account of leave



- Leave during an Exam/UT due to a medical reason to be followed up by a Medical Certificate from a registered medical practitioner (to be considered for a medical leave). Please discourage a child from writing an exam if he/ she is unwell.
- Leave taken due to any other reason should be informed to the class teacher before availing it.
- If the child is taking part in any inter school competition or representing school on state or National level then the child will be granted permission and will be counted as permitted leave. All requisite documents to be submitted in that case.
- Club level participation will not be given accommodations.

A DAY IN YOUR CHILD'S LIFE



Daily Schedule



CTIP + HPE

6-7 academic periods per day.

Two activity periods per day.

Two PE/Games periods per week

One Work-Ed period per week.

Two IT periods per week.

One Library period per week.

Well Planned Daily Schedule



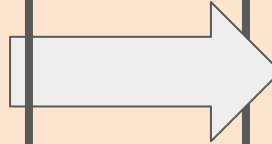
CTIP+HPE	7:30-7:55
Slot I	7:55-8:30
Slot II	8:30-9:05
Slot III	9:05-9:40
Slot IV	9:40-10:15
BREAK	10:15-10:35
Slot V	10:35-11:10
Slot VI	11:10-11:45
Slot VII	11:45-12:20
Slot VIII	12:20-12:55
Slot IX	12:55-1:30

Assessment Grade 6

Internal Assessment



- Projects for each subject
- Subject specific enrichment activity
- Regularity of work submission
- Participation in class discussions
- Portfolio for some subjects
- ASL-English, Hindi & Language
- Science Experiments



Subject specific enrichment activity- listening skills, map work, Math/Science projects, Portfolio for some subjects -- what has been done by the child over the year...

Assessment Grade 6

Unit Tests and Term Exam



- One round of Unit test per term.
- Project Based Learning
- Term-End Exam
- Instructions for the exams will be shared in Google classroom and on the school's website for students closer to the exams

- Planned Revision will be done before unit tests and Term end exam.
- Exams are a blend of objective and subjective questions
- Notebook correction is done systematically and supervised by Principal and incharges

Assessment Grade 6

Project Based Learning

- In keeping with the New Educational Policy, 2020, we have introduced Project Based Learning for students of Grade 6.
- The purpose of Project Based Learning is to promote holistic learning and to enhance a variety of skill sets, especially collaborative learning, research and communication skills.
- An assessment will be done in Maths in order to give them a feel of exams.
- They shall be working on subject-specific projects in lieu of their Term ONE Examinations for all subjects other than Maths.

Assessment Grade VI



- **Final examination will be conducted.**
- **Syllabus, mark distribution, blueprint and all details about the term-end examination will be uploaded on the website by the first week of February.**
- **Grading as per CBSE/DOE**

WORK SUBMISSION



- Notebooks are equipped with a checklist at the beginning and students are encouraged to ensure that their work meets the requisites.
- Homework policy is in place and hw is staggered and coordinated between different subjects in order to avoid pressure of submissions on students.

Integration of technology



Innovative ways are used to gauge the understanding and conceptual clarity of students.

- Collaborative assignments
- Edpuzzles
- Kahoot
- Quizizz
- Nearpod
- Google forms





Points to be flagged

- Syllabus is updated regularly under the curriculum tab on the school website.
- Summer break will start from 28th May, 2022 and we rejoin on the 6th of July.
- A short holiday homework will be assigned for the children during the summer break to keep them in touch with the school curriculum via fun activities/ revision worksheets.
- First Round of Unit Test will begin from 13th July.
- Project based learning will begin from 12th September, 2022.
- Open House on 23rd July, 2022.
- Revision schedule will be given before exams



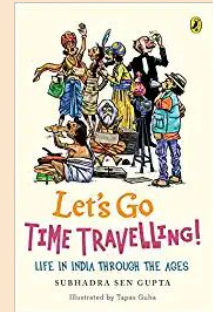
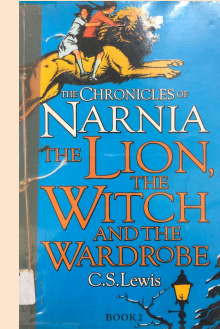
Some more Important Dates-non scholastic days 2022

- Language Day was celebrated on 21st April
- International Dance Day- 29th April
- International Music Day - 6th July.
- Yoga Day-21 June
- MUN /CLUB DAY/ Assembly
- School Birthday/Cultural Fest- 12th August
- Teachers day/Annual day/ Science, math, literary days
- *Please look at the School Calendar on the Website or in the School Almanac for other important dates.*
- *It is advised that you synchronize the School Calendar and your personal calendar.*

Academics-Supplements to make learning enjoyable



- Supplementary reader in English (Chronicles of Narnia) and Social science (Let's go time traveling by Subhadra Sen Gupta)
- Movies, links and IT related teaching
- Subject based outings
- Science laboratory for hands on experience



PA-VA OPTIONS IN MIDDLE SCHOOL



CHESS



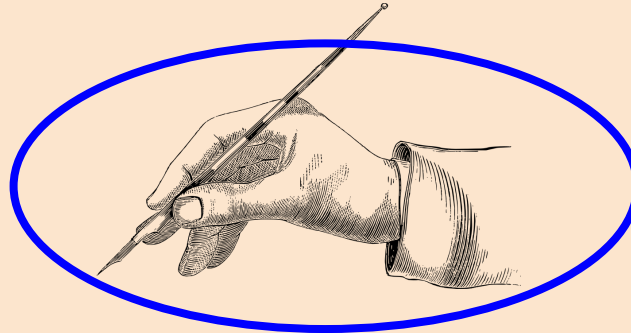
VOCAL MUSIC



GUITAR



THEATRE



ART



JAZZ

WE SEND A GOOGLE FORM EACH YEAR TO ASK YOU ABOUT YOUR WARDS PREFERENCE

Co Scholastics



Leadership

Visual Arts

Chess

Reading Months

Club Days

Yoga

Jazz

Theatre

Day Visits

**Safety and
wellness
workshops**

MUN

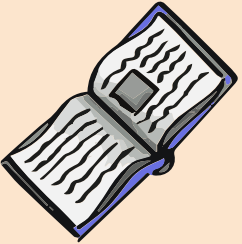
Cultural Fest

Indian Vocal

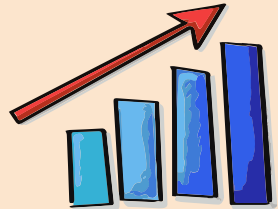
**Physical
Education**

Work Education





**Visit all subjects'
Google Classrooms
everyday as
Instructions will be
posted regularly.**



Google Classroom

Google Classroom is a Google for Education (web and mobile) app that lets students to

- join classes, see subject resources, attempt assignments, connect with classmates, send private comments to teachers and see everything in one place.
- Each student has been given a unique School email id and they can access Google Classroom through the same: (admissionnumber@sanskritischool.edu.in)
- All kinds of communications will be done through Google Classroom, so students are required to check it on regular basis.



Guardians Summaries

- Guardian email summaries include:

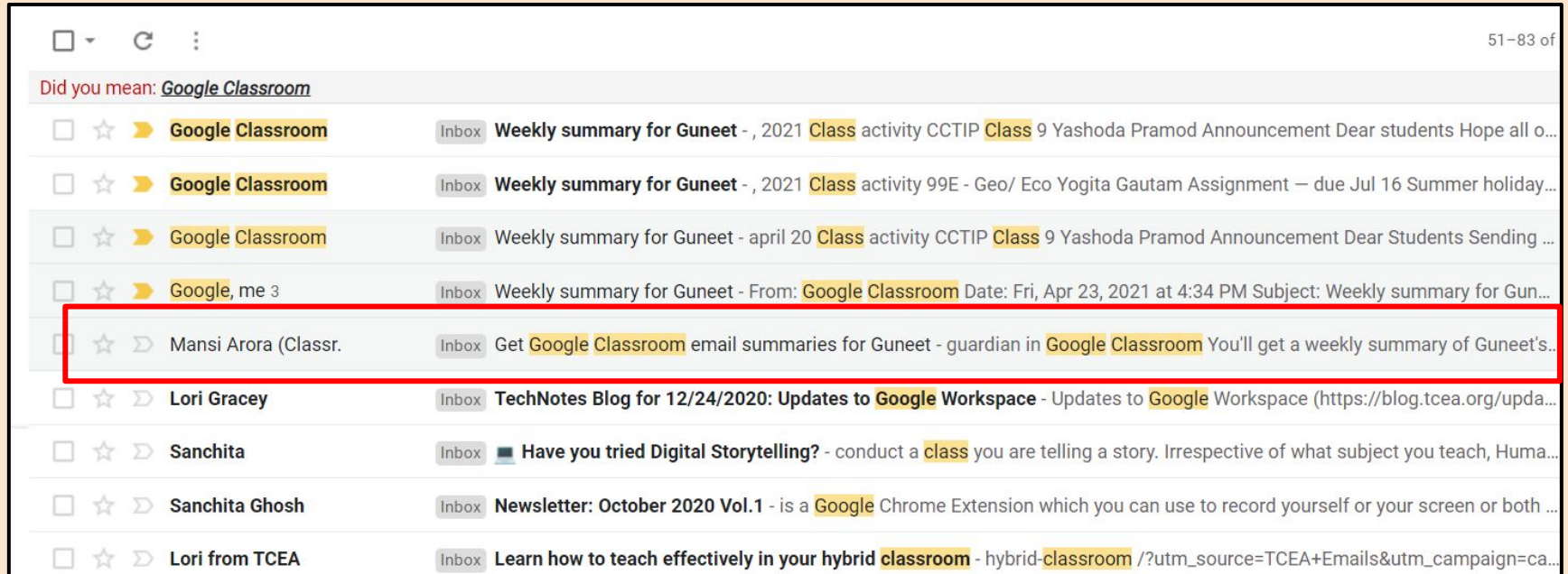
Missing work—Work that's late at the time the email was sent

Upcoming work—Work that's due today and tomorrow (for daily emails) or work that's due in the upcoming week (for weekly emails)

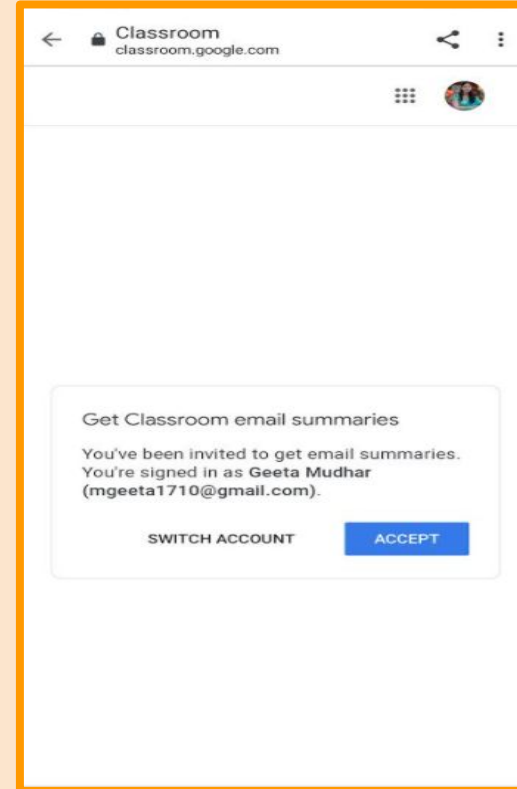
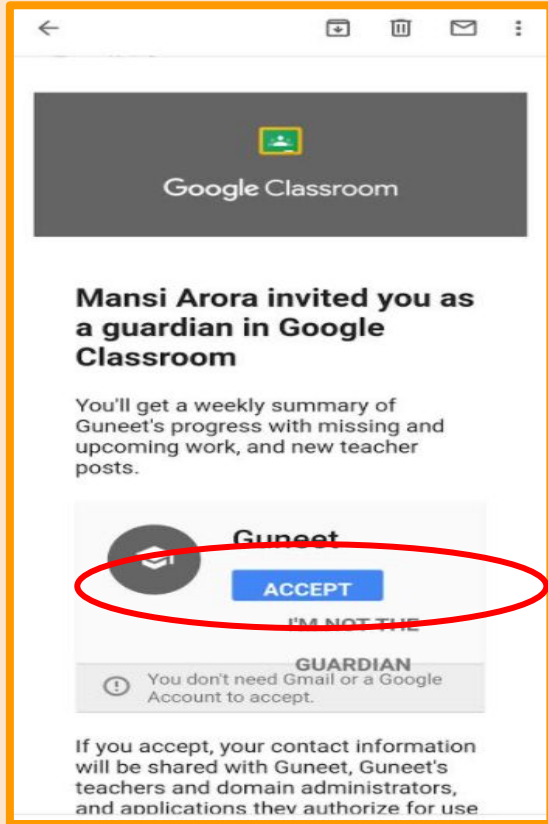
Class activity—Announcements, assignments, and questions recently posted by teacher

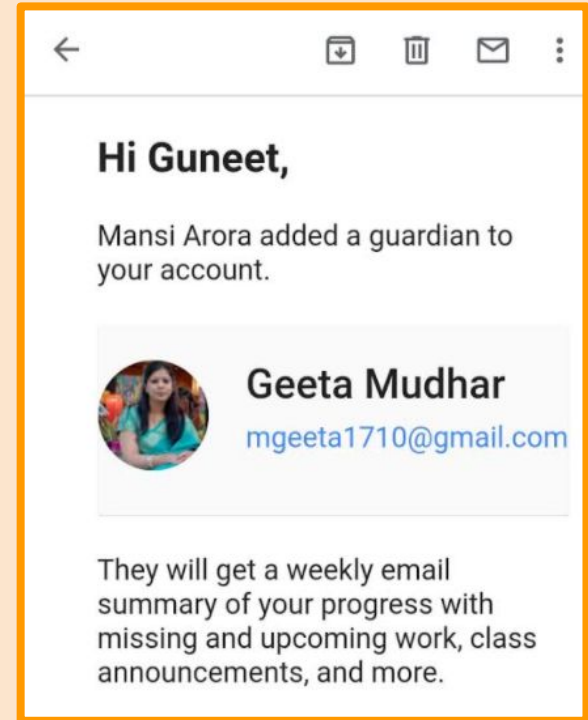
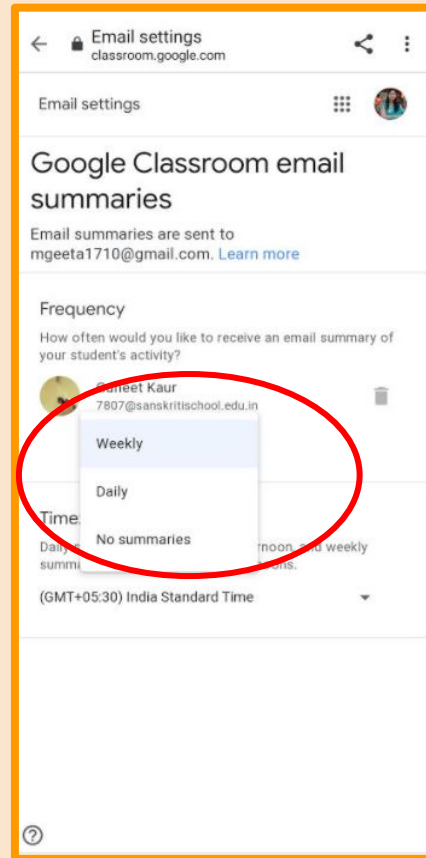
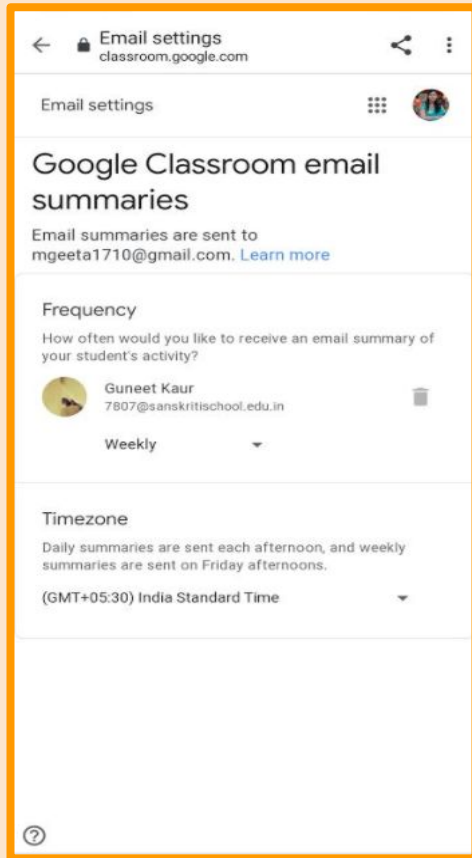
- Guardians **can't sign in to Classroom** directly.
- You will receive email summaries by **accepting the invite** from the teacher.
 - *You can choose the frequency of the emails, such as daily or weekly.*
- Ensure that the **details submitted** by you (Parent) on school website are **complete and updated**.

Guardians can get an email summary of their student's work. If you have not received any summary as yet then please give your email id to the class teacher.




Process of getting an invite and accepting it.







Guardians Summaries- Examples



Google Classroom

Weekly summary for Guneet

Apr 16 – Apr 23, 2021

Student work

Missing from last week

IX-E English – due Apr 21

Reading Comprehension_April

Please find attached the comprehension exercise to be done this month. You could write your answers in the Smart Skills and upload a scanned copy of the same here.

Due next week

9 E work Ed 2021-22 – due Apr 24

Heming work given on april 20

IX-E English – due Apr 29

Guardians Summaries- Video Tutorial



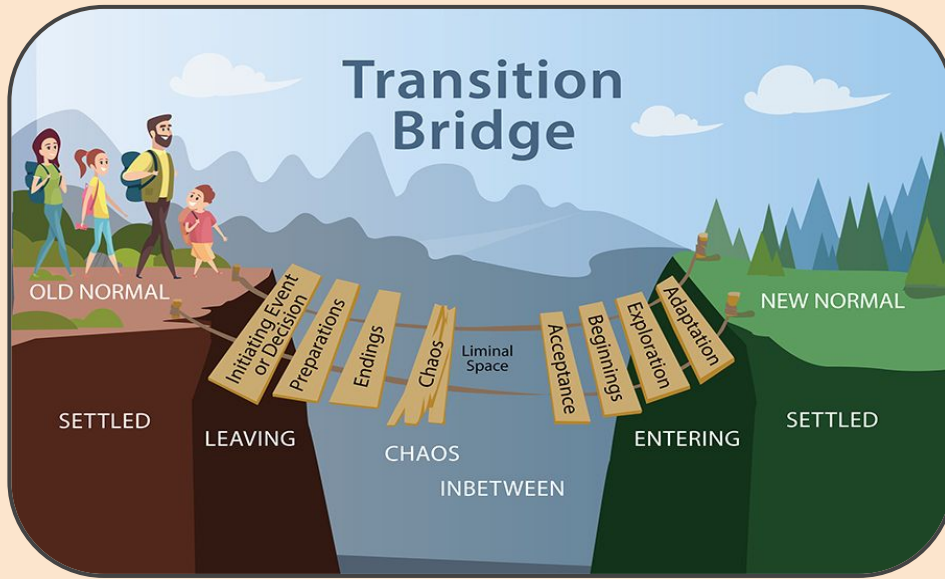
GUARDIAN EMAIL SUMMARIES

PARENT GUIDE



EVERYTHING PARENTS NEED TO KNOW

*Transition from
Junior School
to
Middle School*



*An attempt towards
onward learning
process...*

*The buildings and teachers may change
but
the process of learning continues...*



Transition

The journey from Junior school to Middle school, from known to unknown can be stressful and unnerving for many students. The Transition Module is designed to take that fear away and boost their confidence to take on the new challenges with aplomb.

The activities thoughtfully accommodate elements of continuity and change for our students.

The Module strives to act as a bridge between the Junior school and the Middle school.

It's primary aim is to fill in for any learning gaps that could hamper all round development.

Interdisciplinary approach and in depth study are the hallmarks of the module.

Multiple intelligences of the students are tapped to the optimum with a variety of activities.

Transition Module Theme (2022-23)



Environment and Pollution



Best
out of
waste!



Transition Module Theme (2022-23)



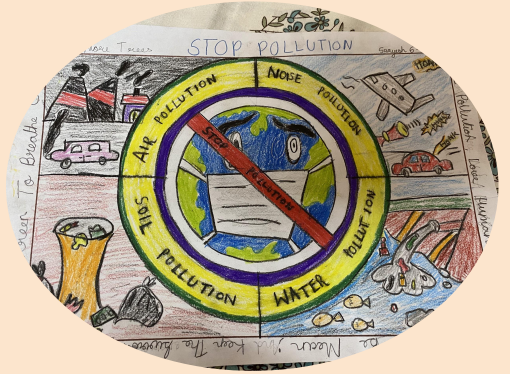
An interdisciplinary approach towards teaching and learning has made for a successful transition of our learners from elementary to middle school.

Integrated activities in English, Science, Social Science and Mathematics helped the learners correlate topics and make learning comprehensive and meaningful as well as relate it to their daily life experiences.

Transition Module Theme (2022-23)



ENGLISH



Transition Module Theme (2022-23)

SCIENCE



Recycled Plastic Waste.



Visited Compost Pits in school.



Transition Module Theme (2022-23)

SCIENCE



Educational Outing : Visit to Bharat Darshan Park



Transition Module Theme (2022-23)

SOCIAL SCIENCE



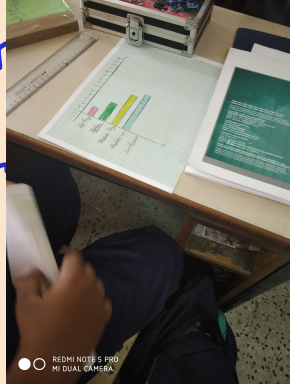
Transition Module Theme (2022-23)



MATHEMATICS

DATA HANDLING : PICTOGRAPH to BAR GRAPH

Data collected in the form of pictograph in grade 5 was transformed into Bar Graph.





Middle School Counsellor
Ms. Nayandeep Kaur

Believe In Your Child



BEHIND EVERY CHILD WHO
BELIEVES
IN HIMSELF IS A
PARENT
WHO BELIEVED IN THEM FIRST

Let Your Words Matter



Speak to your children
AS IF THEY ARE THE
WISEST, kindest,
MOST BEAUTIFUL and
magical humans
ON EARTH,
for what they believe is
WHAT THEY WILL BECOME.
Brooke Hampton



Conscious Parenting

- ★ Help your child SEEK beauty in small moments
- ★ Allow your child to EXPRESS his/her feelings freely
- ★ LISTEN to your child with undivided attention
- ★ Teach them how to THINK, not what to think
- ★ Teach them the skill to WAIT
- ★ Teach them importance of HONESTY & INTEGRITY
- ★ Help your child EXPLORE his/her interests, strengths and talents
- ★ Reward & CELEBRATE smallest of efforts and victories
- ★ Encourage PLAY & EXERCISE
- ★ Help your child to become INDEPENDENT
- ★ Let your actions teach your child values like RESPECT, EMPATHY, GRATITUDE & ACCEPTANCE



“

“Don't raise your kids to have more than you had. Raise them to be more than you were.”



Celebrate Failures to Value Success

"Our greatest glory
is not in never falling, but
in rising every time we fall."

- Confucius

F - First

A - Attempt

I - In

L - Learning

Help Foster Your Child's Mental Health



- Provide a safe environment
- Engage in your own self-care & mental health
- Have your child practice affirmations
- Actively talk about emotions and feelings
- Respond calmly during elevated emotions
- Teach them healthy coping mechanisms
- Model positive behaviours
- Accept your mistakes
- Teach to say and accept 'No'
- Teach patience & self-control
- Avoid the temptation to give in to instant gratification
- Avoid threats of punishment
- Don't nag or taunt
- Encourage learning from natural consequences
- Praise effort, not achievements
- Show unconditional love and positive regard

Supervise Screen Time

“Screen time is an obsolete concept when screen time is all around us. It is the content we consume and the context in which we consume it that affects our well being.”



Dr. Michael Rich, Director of the Center
Media and Child Health at Boston's
Children's Hospital /Harvard Media School





Responsible Parenting

- Limit your own media use
- Negotiate screen time
- Control access to devices/ gadgets
- Install parental controls & password protect streaming media
- Review their search histories
- Monitor chat groups
- Feed their curiosity with age appropriate information
- Teach them appropriate behaviours for online & in-person interactions
- Do not encourage children to carry lot of cash or expensive items to school
- Look out for any drastic change(s) in your child's personality or behaviour

Key to Wellness & Academic Success

A Healthy & Consistent Routine

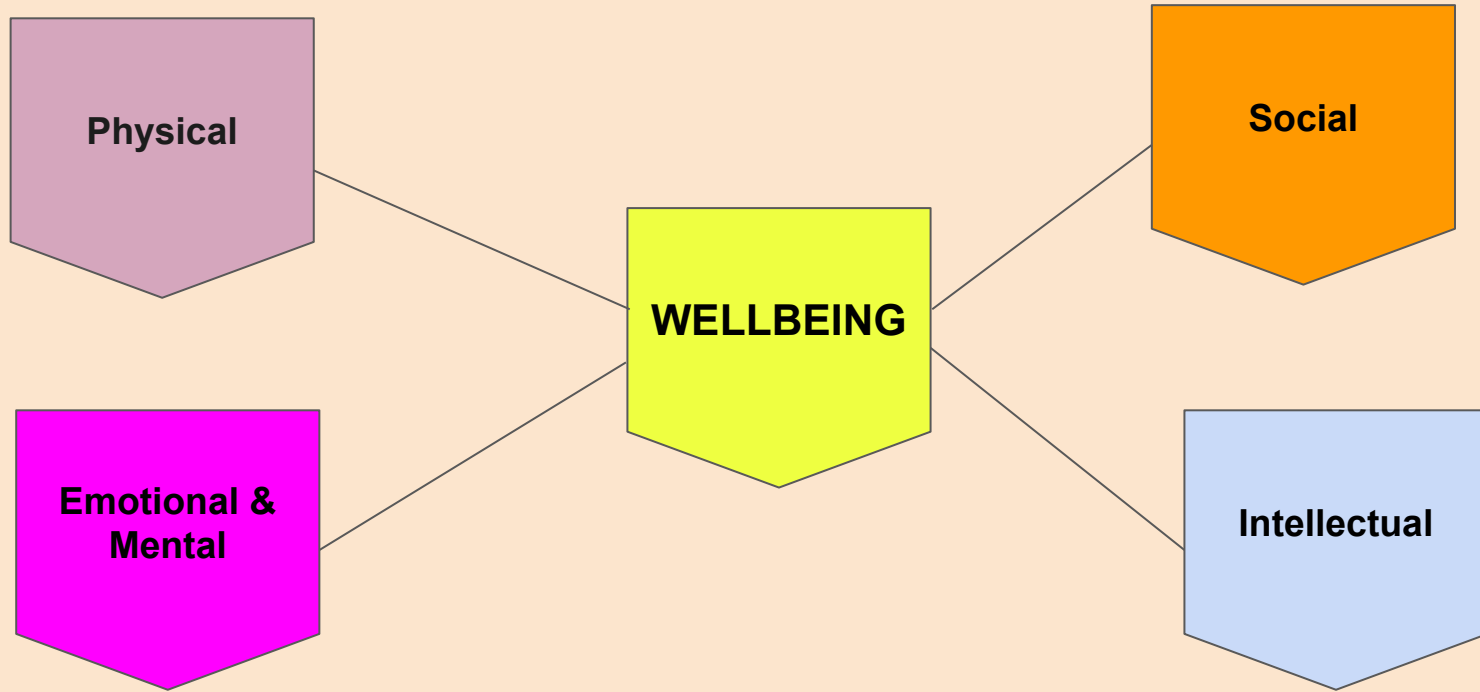


Set boundaries and build a routine together

- Healthy diet
- Hydration
- Adequate sleep
- Study time
- Exercise
- Recreation time
- Family time



Creating safe spaces and ensuring holistic development



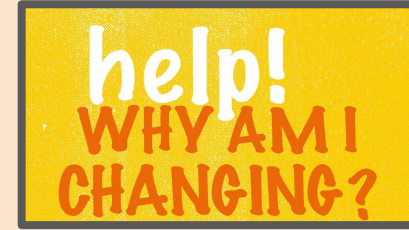
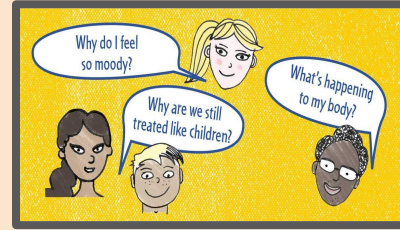


Socio-Emotional Learning

- Social and Emotional Learning (SEL) is a process through which children acquire and effectively apply the knowledge, attitudes, and skills necessary to understand and manage emotions, control temptations, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions.
 - CTIP
 - Circle Time
 - Leadership Classes
 - Awareness Talks
 - Workshops
 - PA/VA
 - Assemblies based on grade level themes
- School counselor is available at all times for any support required by the students.

Safety & Wellness Workshops

- ❖ Manas Mental Health Program
- ❖ Anti-bullying Awareness
- ❖ Rainbow Awareness/ Gender Sensitivity
- ❖ Circle Time For New Admissions
- ❖ Child Personal Safety & POCSO
- ❖ Cyber Safety & Digital Netiquette
- ❖ Study Habits & Exam Skills
- ❖ Mental Health Day
- ❖ Menstrual Health for Girls



GRADE VI

Demystifying Growing Up and Adolescence

GRADE VII

My 'I' - Self-development

GRADE VIII

My Self - In the World

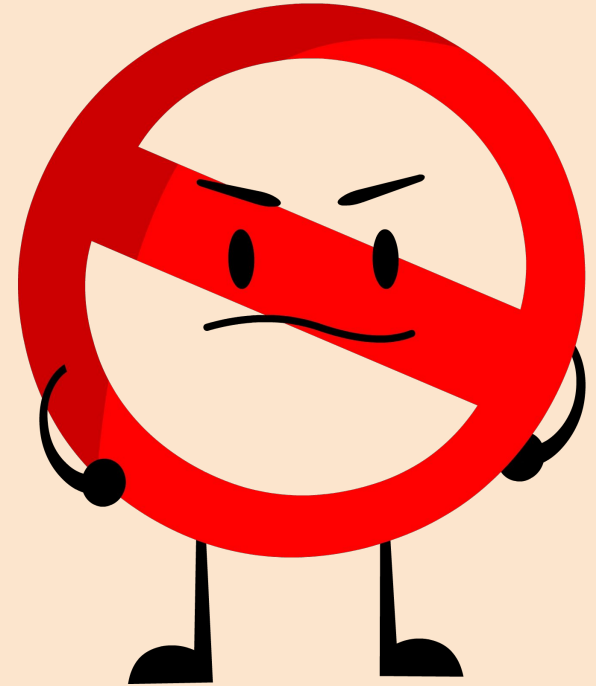
We Celebrate Diversity

- ❖ Children from diverse backgrounds & abilities
- ❖ Every strength has a liability and every weakness has an opportunity
- ❖ Focus on ABILITY, not on inability
- ❖ Inclusion allows every child to have access to the same opportunities to learn, play & grow
- ❖ The idea of belonging shouldn't be considered a privilege available to only some students rather it should be a basic human right
- ❖ Integrated Support Systems

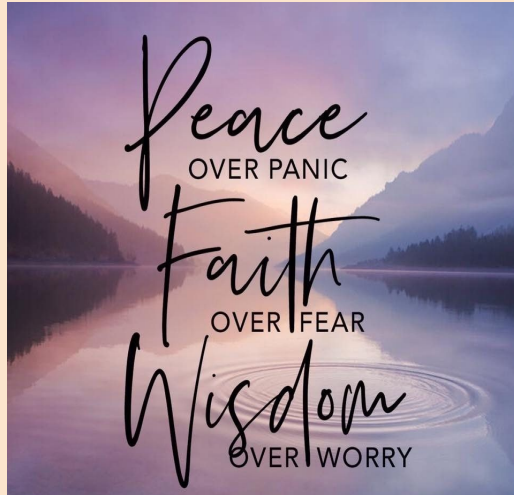


Non-Negotiables

- Bullying of any kind - physical, verbal or cyber
- Abusing verbally, physically or sexually
- Using any kind of offensive gesturing, language or inappropriate behaviour offline and online
- Stealing
- Tampering/defacing/destroying school property
- Misusing social media to defame peers, teachers or school.



Things to Remember



- Nothing about the past has been normal
- There is still a lot of uncertainty
- We will have to continue to take necessary precautions and learn to live with the virus

You do not have to do it all alone

- Create a community of support and communication
- Don't be afraid to seek help
- Reach out to
 - Family
 - Friends
 - Teachers
 - Counselor
 - Professionals





CLASS TEACHERS



Need to talk to us?

We're listening...



Ms Richa Agnihotri	principal@sanskritischool.edu.in
Ms Abha Malik	abhamalik@sanskritischool.edu.in
Ms Nayandeep Kaur	nayandeepkaur@sanskritischool.edu.in
Ms Raji	middle@sanskritischool.edu.in

THANK YOU
for joining us!

